

The IBCR Foundation

Endorsed by:



Dr. Michael Roizen, Chief Medical Officer at the Cleveland Clinic Wellness Institute, an award-winning author, and has been the doctor to eight Nobel Prize winners and more than 100 Fortune 500 CEOs.

Chad Brock, Country Music Legend, former wrestler and DJ, Navy Veteran

Pierre Woods, Former NFL Linebacker for the New England Patriots

Roy Foreman, Advisory Board Chief

Antoine Mason, Sports Advisor

A.J. Bray, Miss Wheelchair East

Boyd Melson, Foundation Liaison

Kionte Storey, Foundation Liaison

National Wheelchair Basketball Association



For More Information, or to become a strategic partner please contact:

Mr. Joseph Salamon, Chairman, Ultimate Workout And Recovery

Dr. Sam Salamon, MD, FRCSC, FACS, ex-officio Board President, CFO

Paula Kalamaras, Executive Director Pro Tem, In Bed and Chair Recovery Foundation

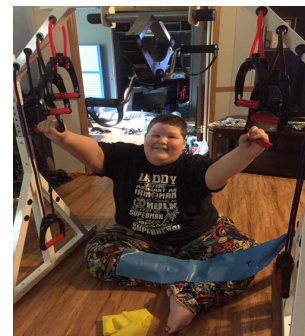
at info@workoutandrecovery.com

**We invite you to share your thoughts and proposed giving levels so we can customize your charitable efforts with our organization. We are flexible and willing to work with our partners to meet our goals and more!*

The IBCR Foundation



**Help US Help MILLIONS in
Disabled Communities!**



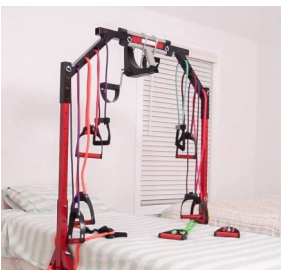
Hope.....it's all we have in our lives. And this piece of equipment gives us one more ounce of hope. I will shout from the mountain tops about Ultimate Workout And Recovery to help one more person gain that ounce of hope. - Amy Henderson, mother of a disabled child

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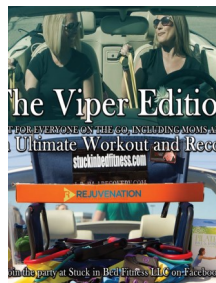
Dedicated to providing Ultimate Workout and Recovery Exercise and Rehab Convenience Gyms to at-risk, low-income individuals and organizations serving them, including: Wounded Warriors, Veterans, Wheelchair users, Childhood Obesity, Bariatric patients, Rehab patients, Seniors, Spinal Cord Injured, Cancer patients and more! Our goal is to provide 10,000 units and services in our first year!

Seeking partners in our mission to provide cutting edge fitness equipment and services to those individuals and organizations, at-need, at no-cost including: wellness training, equipment, nutrition training and additional services.

Your donation is tax deductible as the In Bed and Chair Recovery (IBCR) Foundation is an IRS registered 501 (c) 3.



Spider Edition over a bed



Viper Edition with accessories

Please join the IBCR Foundation in providing these much needed critical services and products to persons at need:

PLATINUM SPONSORS: \$250,000+

For your generous donation you will receive:

- 1) Branding plaque on each donated unit.
- 2) Up to 10 Spider and Viper Travel Units.
- 3) Active engagement in assigning donations of product and services.
- 4) Be invited to sit on IBCR Board of Directors and attend Quarterly and Annual Meetings.
- 5) Donation plaque and acknowledgement in all publications and materials which include social media, Facebook, Linked In, Twitter, and more, as well as print and television news programs.

GOLD SPONSORS - \$100,000—\$250,000

- 1) Donated by plaque on units.
- 2) 5 Spider and Viper units.
- 3) Mention in Annual Report.
- 4) T shirts & assorted accessories.
- 5) Donation plaque and acknowledgement in all publications and materials which include social media Facebook, Linked In, Twitter and more well as print and television news programs.

SILVER SPONSORS— \$25,000— \$100,000

Plaque, 1—2 viper units, T-shirts, accessories, thanks in annual report., and social media thanks.